



Pastoral Care Ministry Training

ENRICHING PASTORAL SKILLS

SPRING 2019

**St. Bernadette's
Tuesdays, 7-9:30p**

Session	Topics	Seminar Description & Assignment
1	<p>Introduction to Training</p> <p>Patient Visitation Pastoral Visitor Identity Identity of a Care Receiver</p> <p>Empathic Listening "The Empathy Process"</p>	<p>Course Explanation and Overview Elements of a Verbatim and weekly reflections Spiritual Care-Background, Theology and Purpose Learning Approach: Action – Reflection – Action</p> <p>Patient Visitation-Getting Started I am called Self-image of hospital patient, long-term care resident, home bound parishioner</p> <p>Intro-Why we listen, for what and how Reading Assignments: Herbert Anderson, "Empathy Process" "All Our Grievs, All Our Losses"</p>
2	<p>Routine Visits Extemporaneous Intercessory Prayer Screening for Spiritual Needs</p>	<p>Basic skills-effective/non-effective approaches Suggested guidelines on praying for others</p> <p>Why and what screening is/is not When to make a referral</p>
3	Grief Theory	<p>Introduction to grief theory, specifically dynamics and types Introduction to Personal Grief Narrative (2-page, double space); due next week</p>
4	<p>Medical Ethics – A Catholic Perspective</p> <p>Grief Narrative Due</p>	<p>Ethical and Religious Directives (ERDs) with attention to end of life Directives</p> <p>Assignment of Verbatim #1; due next week</p>
5	<p>Death & Dying (Life Review) Palliative Care</p> <p>Verbatim #1 Due</p>	<p>Review of the emotional and spiritual dynamics exhibited in this grief process Distinction between palliative and hospice care Pastoral care to palliative care patients and families</p>
6	<p>Secondary Traumatic Stress Importance of Self-Care</p> <p>Trauma / Crisis Ministry</p>	<p>Understanding the challenges/dangers of ministering in Pastoral Care Learning useful self-care skills and practices</p> <p>Psychological & spiritual dynamics among families of trauma victims Pastoral response to family victims of trauma</p> <p>Assignment – Personal Verbatim #2; due next week</p>
7	<p>Hispanic-American Catholic Spirituality Verbatim #2 Due</p>	<p>Spirituality expressed by Hispanic-American Catholic laypersons Pastoral care ministry to Hispanic-American Catholic laypersons</p>
8	<p>Ministry in Specific Context DeBriefing Closing</p>	Hospital, Nursing home, Homebound, Prison Ministry application
	20.0 Hours in Class	20.0 Hours in Clinical Experience

