

St. Bernadette Catholic Church



Welcome! Out of love and concern for others:

- ✦ make sure your mask covers your nose and mouth at all times ✦
 - ✦ **sit 3 “dots” apart** from other households ✦
 - ✦ to maintain distance between households, please only kneel during Mass ✦
 - ✦ use hand sanitizer **before** & **after** receiving Communion. ✦
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LENT 2021

1st Sunday of Lent

concluding with Adoration of the Blessed Sacrament

Find us on Facebook & YouTube.



Visit us at www.stbchurch.org.

Text STBCHURCH to 84576 to sign up for our parish messages on Flocknotes.

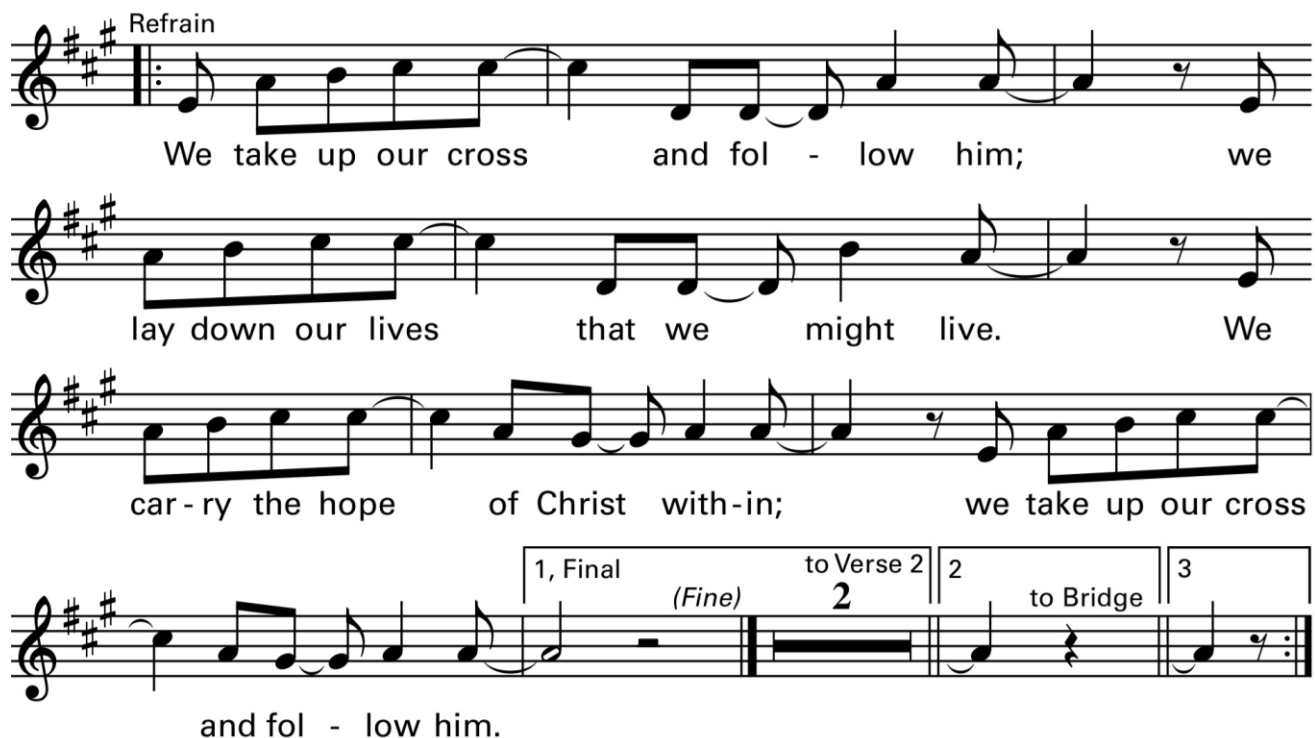
Text \$ amount to 346-209-9877 to give or scan



Gathering Song

Take Up Our Cross

Refrain



We take up our cross and fol - low him; we
lay down our lives that we might live. We
car - ry the hope of Christ with-in; we take up our cross
and fol - low him.

1, Final (Fine) to Verse 2 2 to Bridge 3

We embrace the sacrifice , and walk the path we cannot see.
The burdens of this world made light; by blood and thorn we are redeemed.

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Greeting & Introduction to the Liturgy

Collect

Liturgy of the Word

First Reading

Genesis 9:8–15

*God's covenant with Noah
when he was delivered from the flood.*

The Word of the Lord.
R/. Thanks be to God.

Responsorial Psalm

R/. Your ways, O Lord, are love and truth to those who keep your covenant.

Second Reading

1 Peter 3:18–22

The water of the flood prefigured Baptism, which saves you now.

The Word of the Lord.

R/. Thanks be to God.

Gospel Acclamation

Glory and praise to you, Lord Jesus Christ!

Gospel

Mark 1:12–15

Jesus was tempted by Satan, and the angels ministered to him.

The Gospel of the Lord.

R/. Praise to you, Lord Jesus Christ.

Homily

❧ Blessing & Distribution of Ashes ❧



Profession of Faith

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,

*{At the words that follow, up to and including
"and became man," all bow.}*

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified

under Pontius Pilate, he suffered death
and was buried, and rose again on the third
day in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father. He will come
again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life, who proceeds from the Father
and the Son, who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic
Church. I confess one Baptism for the
forgiveness of sins and I look forward to the
resurrection of the dead and the life of the
world to come. Amen.

Intercessions

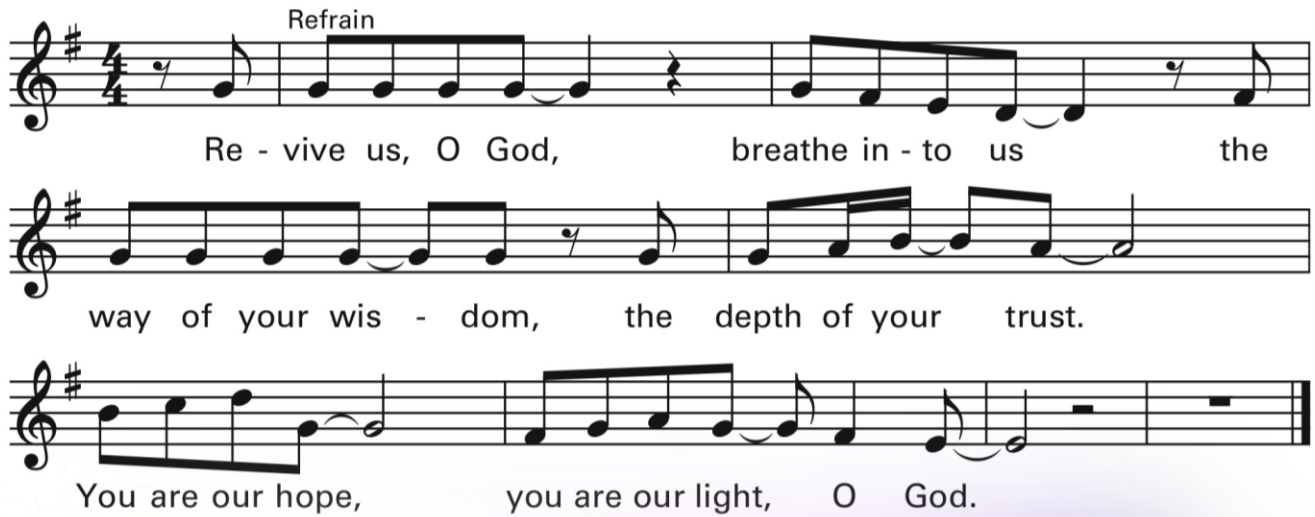
R/. God of mercy, hear us.

Liturgy of the Eucharist

Preparation of the Altar

Revive Us, O God

Refrain



Re - vive us, O God, breathe in - to us the
way of your wis - dom, the depth of your trust.
You are our hope, you are our light, O God.

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The priest invites everyone to pray and all respond:

**R/. May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

Prayer over the Offerings

*At the conclusion of the prayer, all respond: **Amen.***

Preface Dialogue

The Lord be with you.

Lift up your hearts.

Let us give thanks to the Lord our God.

R/. And with your spirit.

R/. We lift them up to the Lord.

R/. It is right and just.

Preface Acclamation

Holy

Mass of the Sacred Heart

Ho - ly, Ho - ly, Ho - ly Lord God of
hosts. Heav - en and earth are full of your
glo - ry. Ho - san - na in the high - est. Ho -
san - na in the high - est. Bless - ed is
he who comes in the name of the Lord.
Ho - san - na in the high - est. Ho -
san - na in the high - est.

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Please kneel.

Memorial Acclamation

After the priest says or sings: "The mystery of faith," all respond:

Save us, Sav - ior of the world, for by your Cross and
Res - ur - rec - tion you have set us free.

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Final Acclamation

The Eucharistic Prayer concludes: Priest..... for ever and ever.

Mass of the Sacred Heart

Timothy R. Smith

A - men. A - men. A - men. men.

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The Lord's Prayer

The Sign of Peace

The Breaking of the Bread

Lamb of God

Lamb of God, you take a - way the

sins of the world, have mer - cy on us.

world, grant us peace.

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Invitation to Communion

Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

Communion Anthem

Pange lingua gloriosi corporis mysterium.

Translation:

Tell, tongue, the mystery of the glorious Body.

Communion Song

All for Love



Verses

1. We hun - ger for our God, we thirst to be
2. And in your sac - ri - fice, for-give - ness gent-
3. The an - gels and the saints, the low - ly and



1. re-newed, we wait in joy - ful hope and make
2. - ly comes. In - to our ev - ery doubt you make
3. the least, you gath - er to your - self in this



1. our way to you.
 2. your way to us.
 3. e - ter - nal feast.
- } As we re-ceive, we re-ceive.



Refrain

In this bread, in this cup, bro-ken and poured out



all for us: You the bod - y, you the blood,



bro-ken and poured out all for love. All for love.

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EXPOSITION OF THE BLESSED SACRAMENT

Prayer after Communion

Adoration with Music & Silence

Litany of Humility

Presider: O Jesus!
meek and humble of heart,
All: **Hear me.**

Presider: From the desire
of being esteemed,
All: **Deliver me, Jesus.**

Presider: From the desire of being loved,
All: **Deliver me, Jesus.**

Presider: From the desire of being extolled,
All: **Deliver me, Jesus.**

Presider: From the desire of being honored,
All: **Deliver me, Jesus.**

Presider: From the desire of being praised,
All: **Deliver me, Jesus.**

Presider: From the desire
of being preferred to others,
All: **Deliver me, Jesus.**

Presider: From the desire
of being consulted,
All: **Deliver me, Jesus.**

Presider: From the desire
of being approved,
All: **Deliver me, Jesus.**

Presider: From the fear of being humiliated,
All: **Deliver me, Jesus.**

Presider: From the fear of being despised,
All: **Deliver me, Jesus.**

<p>Presider: <i>From the fear of suffering rebukes,</i> All: Deliver me, Jesus.</p>	<p>Presider: <i>That, in the opinion of the world, others may increase and I may decrease,</i> All: Jesus, grant me the grace to desire it.</p>
<p>Presider: <i>From the fear of being forgotten,</i> All: Deliver me, Jesus.</p>	
<p>Presider: <i>From the fear of being ridiculed,</i> All: Deliver me, Jesus.</p>	<p>Presider: <i>That others may be chosen and I set aside,</i> All: Jesus, grant me the grace to desire it.</p>
<p>Presider: <i>From the fear of being wronged,</i> All: Deliver me, Jesus.</p>	
<p>Presider: <i>From the fear of being suspected,</i> All: Deliver me, Jesus.</p>	<p>Presider: <i>That others may be praised and I unnoticed,</i> All: Jesus, grant me the grace to desire it.</p>
<p>Presider: <i>That others may be loved more than I,</i> All: Jesus, grant me the grace to desire it.</p>	<p>Presider: <i>That others may be preferred to me in everything,</i> All: Jesus, grant me the grace to desire it.</p>
<p>Presider: <i>That others may be esteemed more than I,</i> All: Jesus, grant me the grace to desire it.</p>	<p>Presider: <i>That others may become holier than I, provided that I may become as holy as I should,</i> All: Jesus, grant me the grace to desire it.</p>

Presider: *Let us now lift up these requests to God
by praying in the words that Christ taught us.
Our Father...*



❧ INCENSATION & SONG ❧

**Tantum ergo Sacramentum
veneremur cernui:
Et antiquum documentum
novo cedat ritui:
Praestet fides supplementum
sensuum defectui.**

**Genitori, Genitoque
laus et iubilatio,
Salus, honor, virtus quoque
sit et benedictio:
Procedenti ab utroque
compar sit laudatio. Amen.**

PRAYER & BENEDICTION

SENDING SONG OF PRAISE

Divine Praises (Blessed Be)

Refrain

Bless-ed be, bless-ed be, bless-ed be the Lord.

to Verses

Bless-ed be, bless-ed be, bless-ed be the Lord.

Verse 1

1. Bless-ed be God. Bless-ed be his Ho - ly Name.

1. Bless-ed be Je-sus Christ, true God and true Man.

1. Bless - ed be the Name of Je - sus,

1. his most Sa-cred Heart, his most Pre-cious Blood.

Verse 2


2. Bless-ed be Je - sus in the most Ho - ly

2. Sac-ra - ment of the Al - tar. Bless-ed be


to Refrain

2. the Ho-ly Spir - it. Bless-ed be the Par - a - clete.


Verse 3



3. Bless-ed be the great Moth - er of God,




3. Mar - y most ho - ly. Bless-ed be her




3. ho - ly and Im - mac-u - late Con-cep - tion.


Verse 4



4. Bless-ed be her glo - ri - ous As-sump - tion, the name of



4. Mar - y, Vir - gin and Moth - er. Bless-ed




4. St. Jo - seph, her most chaste spouse. to Refrain


Verse 5



5. Bless-ed be God in his an - gels. Bless-ed be




5. God in his saints. And may the Heart



5. Je - sus be a - dored to the end of time. to Refrain

Refrain



Bless-ed be, bless-ed be, bless-ed be the Lord



Bless-ed be, bless-ed be, bless-ed be the Lord. to Verses

LENT 2021

at St. Bernadette

ABSTINENCE no meat on Ash Wednesday,
Good Friday & all Fridays of Lent
(health permitting, all Catholics 14 yrs old+)

FASTING by Catholics ages 18-59
on Ash Wednesday & Good Friday:
1 full meal + 2 small meals (*no snacks; fluids allowed*)

PARISH PENANCE OPPORTUNITY

Thursday, February 25 at 7pm

SUNDAY MASS & ADORATION

pray with us at Church or online

Saturday 5pm*

Sunday 9am* & 12pm

Sunday 5:30pm, followed by Adoration

**Livestreamed Masses — join us on YouTube*

MONDAY SOUP SUPPERS

cook our Lenten Soup Suppers at home
get a recipe packet at Church or online

WEDNESDAY MASS & ADORATION

join us for 7pm Mass,
followed by Adoration

FRIDAY + PRAYER

@back parking lot fence

5:30 pm

child friendly Stations of the Cross

or pray with our online resources

in the Church

6:00 pm Rosary

6:30 pm Stations of the Cross

40 DAYS OF CHRISTIAN ACTION

SMALL FAITH SHARING GROUPS

GRATITUDE: A 40 DAY LENTEN CHALLENGE

discover more information on our parish website

VISIT WWW.STBCHURCH.ORG/LENT
FOR OUR ONLINE RESOURCES